

# **First Aid Policy**

This policy was written with guidance from Up For Yorkshire, NCVO and NYA

This policy was created in March 2025

This policy was last updated in March 2025

This policy is due for review no later than March 2026

#### 1. Preface

- a. For the purposes of this document:
  - i. 'The Board' refers to the trustee board of Selby CoderDojo
  - ii. 'The Dojo Champion', as of the latest update is John McAtominey

#### 2. Introduction

- a. This policy outlines the procedures for providing first aid to all members, volunteers, and visitors participating in activities organised by Selby CoderDojo.
- b. It aims to ensure prompt and appropriate medical response in case of emergencies, while prioritising the safety of everyone involved.

## 3. Responsibilities - Trustee board & Dojo Champion

- a. Appoint designated First Aiders based on required qualifications and activity levels.
- b. Ensure all First Aiders maintain current certifications.
- c. Regularly review and update the First Aid Policy as necessary.
- d. Provide readily accessible first aid kits at all club events.
- e. Maintain records of incidents and first aid administered.

### 4. Responsibilities - First Aiders:

- Assess injuries and provide appropriate first aid treatment according to their training level.
- b. Immediately call emergency services in case of serious injuries or life-threatening situations.
- c. Inform the trustee board of any incidents requiring further action.
- d. Maintain confidentiality of patient information.
- e. Check and maintain Dojo first aid kits and request replacements from the Dojo Champion as required.

#### 5. First Aid Provision:

a. Parents & guardians

i. Where a young person attends a Dojo session with a parent or guardian, responsibility for immediate first aid response lies with the parent or guardian.

#### b. First Aid Kits:

- i. A first aid kit will be made available where Dojo activities take place.
- ii. First aid kit contents will be based on current commercially available products aimed at schools and youth organisations.
- iii. Kits will be regularly checked annually and replenished as necessary.

## 6. Emergency Procedures:

#### a. Immediate Actions:

- i. Assess the situation and identify the nature of the injury.
- ii. Call for help and identify the designated First Aider.
- iii. If necessary, initiate basic life support (CPR) as trained.
- iv. Provide all information required to professional medical personnel.

#### b. Secondary actions

- i. Ensure participants who are not directly affected by the medical incident have not been adversely impacted by the incident.
- ii. Ensure emergency contacts have been notified if a parent or guardian is not present.
- iii. Ensure all volunteers involved have been appropriately de-briefed on the incident.
- iv. Ensure a detailed incident report has been recorded, including:
  - 1. Date, time, and location of the incident.
  - 2. Name and contact details of the injured person.
  - 3. Description of the injury/illness and treatment provided.
  - 4. Names of witnesses, if any.
- v. Any changes are made to the risk assessment based on learning from the incident.
- vi. Other parties, such as the trustees of the Dojo venue are appropriately informed.

#### 7. Emergency Contact Information:

 A list of emergency contact details for attendees of Dojo activities will be available through the online booking system.

## 8. Reporting Incidents:

- a. All incidents, no matter how minor, should be reported to the trustee board as soon as the incident itself has been dealt with.
- b. Detailed incident reports should be maintained including date, time, location, description of the incident, actions taken, and names of individuals involved.

# 9. Training and Qualifications:

- a. First Aider Certification:
  - i. All designated First Aiders must hold a current and relevant first aid certification, including CPR training, appropriate for the activities conducted by the Dojo.
  - ii. Selby CoderDojo recognises approved First Aid training provided by third parties, such as the Scout Association, Girl Guiding UK, St John's Ambulance and similar organisations.
- b. Refreshing first aid training:
  - i. First Aiders should regularly attend refresher courses to maintain their skills and knowledge.
  - ii. Depending on the level of training, a refresher course should be undertaken at least every 3 years.

# 10. Participant Responsibilities:

- a. Self-Reporting:
  - i. Members and volunteers must inform the Dojo Champion if they experience any health concerns or injuries before participating in activities.
- b. Cooperation with First Aiders:
  - i. All participants should follow the instructions of the designated First Aider during an emergency.